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NEWS
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Ford jonesin' for J.C., critics hold their hallelujahs

T.O. mayor says he's had a 'come to Jesus moment,' has cleaned up **PAGE 8**

Freak storm drowns Sardinia

At least 17 people are dead after rains felled bridges and swept away cars in popular tourist island destination **PAGE 10**

Credit Card, Schmedit schmard

In which Danimal's vodka-swilling wife makes her debut **PAGE 13**

A RIVALRY RENEWED

CROSBY, OVECHKIN FACE OFF IN WASHINGTON TONIGHT **PAGE 22**



RAISING AWARENESS FOR A RARE DISEASE

Samantha Monaghan holds Luc LeBlanc, age 2, at her home in Spryfield on Tuesday. Monaghan's son has a genetic disease that affects his muscle development to a point where he can't move his limbs. She is looking to raise money to get him into a Toronto therapy program that could help him walk and move around like an average little boy. Story, page 4. JEFF HARPER/METRO

Booze-ad rules up for debate

Municipal alcohol policy. Council sends modifications to public consultations

A debate over whether to allow alcohol advertising on HRM-owned properties — including buses and park benches — will go to the public.

Councillors voted Tuesday to adopt one of four recommendations from Capital Health officials to modify the fledgling municipal alcohol policy (MAP). The recommendation, to change the term "responsible drinking" to "alcohol consumption in accordance with Nova Scotia's Low Risk Drinking Guidelines," was the only one supported by city staff.

"I was extremely disappointed when I read the report," said Coun. Gloria McCluskey. "Let's hope that we do it right this time."

The other recommendations addressed a ban on alcohol advertising from all HRM

owned and operated properties, unless a special licence has been issued, and a ban on alcohol-company sponsorship of free transit for public events.

City staff advised against those recommendations, but Coun. Wayne Mason amended the motion to have them included in upcoming public consultations on the MAP.

"We should be talking to the people who sell alcohol, who have the health concerns, and we should be having a discussion with them about what is an appropriate way to do this," he said.

The recommendations were

is a pile of crap," he said, citing studies suggesting no correlation between exposure to advertising and alcohol use. "Of course Capital Health is going to be against any kind of advertising, because they see the effects every day. But that population they see is not the general population."

Other councillors refuted Adams's comments, citing other studies that draw a clear connection between advertising and alcohol abuse.

"You don't have to be a drunk or an alcoholic to have a substance-abuse problem," said Coun. Steve Craig. "It's become

Impact

"These kids, 13, they're babies. They're out there drinking. They'll live with whatever happens to them for the rest of their lives." Coun. Gloria McCluskey

designed to minimize the impact of alcohol advertising on minors, but Coun. Stephen Adams rejected that premise.

"The research that I've seen

ing more and more prevalent in our youth and we have to take every step that we can."

The motion passed, 13-2.

RUTH DAVENPORT/METRO



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Council approves big-picture priorities for 2014 budget

Overarching themes. Councillors focus on future of transportation, recreation in Halifax



RUTH DAVENPORT
ruth.davenport@metronews.ca

Halifax regional councillors have approved the roadmap to the next municipal budget, with a few additional footnotes.

Senior city staff members presented councillors with an overview of the "recommended

priority outcomes" for the last year on Tuesday, along with recommendations to build on those priorities for 2014-15.

The priority outcomes are focus areas that guide city departments and managers.

"The outcomes are not tactical; they describe a desired state or outcome sought," states a staff report.

The staff presentations covered priorities loosely grouped under the headings of healthy communities, transportation, economic development, and communications and governance.

Councillors offered some

City business

82 & 87

The number of "deliverables" identified in 2013-14, and the percentage currently on-track.

district-specific requests, but there were some overarching themes that emerged, particularly around the future of transportation.

"We talk about transportation modes; it says auto, transit, walking and cycling ... what about light rail, commuter rail,

high-speed ferries?" said Coun. Linda Mosher. "We really have to look at big-picture ideas and not just widening a road to make people get to work faster."

Improving recreation opportunities was also a recurring concern. Brad Anguish, director of community and manager of recreation services, said that offering free swimming lessons resulted in more than 2,000 registrations last summer, and more than 4,000 people came to the Em-era Oval for in-line skating and bicycle workshops.

But several councillors said

there are still too many kids who can't access recreation facilities, a problem Coun. Lorelei Nicoll said could be addressed through more outdoor programming.

"We don't have to have a building, and our children and residents spend way too much time indoors as it is," she said, adding that more outdoor activities would improve residents' sense of safety. "I would encourage each recreation office to look at how they could create activities that create that sense of community and safety."

The budget process typically gets underway in January.

Council. Fisher voted HRM deputy mayor

Halifax regional council has elected its next deputy mayor for a one-year term, effective immediately.

Councillors voted for Dartmouth Coun. Darren Fisher to take over from Coun. Reg Rankin Tuesday evening. Coun. Lorelei Nicoll was also nominated.

The election is done by paper ballot, and the vote count wasn't revealed.

Fisher told councillors in a brief address before the vote he'd work to fill the mayor's role "seamlessly" whenever called on.

As deputy mayor, Fisher's pay increases from just over \$78,700 to just over \$86,800.

RUTH DAVENPORT/METRO



Merry Christmas, show off!

Jeff Burke, an urban forestry worker in HRM, hangs some decorations on a Christmas Tree at city hall on Tuesday. The HRM Christmas Tree Lighting will take place this Saturday from 6-7 p.m. at Grand Parade. JEFF HARPER/METRO

1 NEWS

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Deputy mayor's request

Staff report on master plan for Beazley Field OK'd

Halifax regional councillors approved the new deputy mayor's request for a staff report on initiating a master plan for the Beazley Sports Complex in Dartmouth on Tuesday.

Deputy Mayor Darren Fisher asked for the report, which will address planned and needed improvements to the facilities, and potential land acquisitions for parking.

Fisher said the facility gets "piecemeal" improvements whenever there's a major event, but needs a more strategic approach.

"I want to move on this relatively quickly ... to see if this is a good candidate for Build Canada Funds," he told council.

RUTH DAVENPORT/METRO

Died on camping trip

Cape Breton Post editor mourned

Condolences poured in Tuesday to the newsroom of the Cape Breton Post as readers, friends and family learned of the sudden death of senior reporter and editor Chris Hayes.

Hayes, 62, of Sydney, died on the weekend after a fatal accident on Cheticamp Island. His body was recovered shortly before 6 a.m. on Monday at the base of a 30-metre cliff.

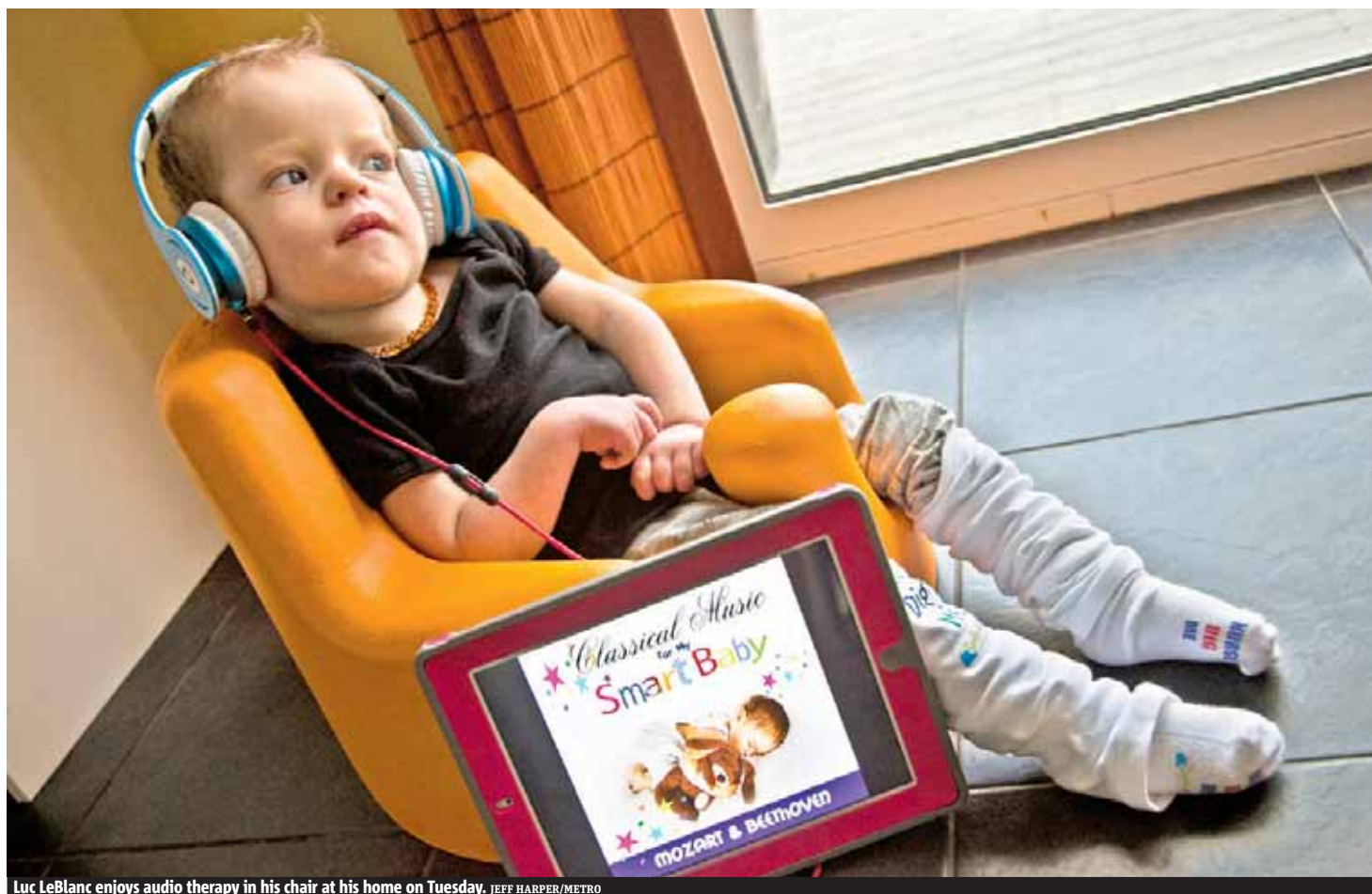
Hayes worked at the Post for 29 years as a reporter, editor and former city editor. He covered a range of topics from municipal affairs to the fishery, economic development, education and crime.

Regional Mayor Cecil Clarke issued a statement Tuesday on behalf of council.

"It is with great sadness that we learn of Chris's passing. Chris Hayes was a professional and passionate political reporter," said Clarke. **CAPE BRETON POST**



Chris Hayes CONTRIBUTED



Luc LeBlanc enjoys audio therapy in his chair at his home on Tuesday. JEFF HARPER/METRO

Luc's story: 'Sticking him in a wheelchair is not an option'

Hope in suit treatment. Spryfield mother hopes to raise awareness, funds to help with her son's rare disorder



HALEY RYAN
haley.ryan@metronews.ca

Luc LeBlanc stares through a glass door into the backyard he's never been able to run around in, his head rocking slightly back and forth as he listens to music on his blue headphones.

Like many kids at two-and-a-half years old, Luc likes listening to music with his mom and playing visual games on an iPad. Unlike many kids though, Luc has excessive levels of fumarate in his body, which his mom said led to the brain disorder polymicrogyria (PMG).

This means the neural pathways in his brain were disrupted, preventing him

from learning how to walk or sit by himself, said his mother, Samantha Monaghan.

She said Luc is one of only seven people in the world with fumarate hydratase.

"If he doesn't know he can do it, or he doesn't have the strength, he can't do it," said Monaghan, a single mom who lives in Spryfield with Luc and her two other children.

"The brain is formed.... It's just we need to plug it in so all the information can go."

She said Luc met with lots of specialists at the IWK Health Centre who "are really great," but there are no resources in the province for Luc to work with a pediatric physiotherapist on his limbs a few times a week, which is what Monaghan said will make the difference.

"Sticking him in a wheelchair is not an option, and that's what they want me to do," she said, planting a kiss on his hair.

After months of research, Monaghan decided to start

raising money for a \$5,500 suit treatment at Toronto's Revivo clinic.

She said the suit treatment was developed to counteract the effects of weightlessness on astronauts as part of Russia's space program in the 1980s, and provides kids with a "second skeleton" so they're supported while they build

muscle three hours a day for about three weeks.

Revivo's medical director, Alla Hardoon, said Tuesday they've had only "happy stories" of a dozen children showing progress when the treatment became available this year.

Monaghan has raised \$2,000 so far but says she

Online

People can visit "Fighting Monsters Luc's Journey with PMG" on Facebook to donate or learn more.

Provincial spokesperson

No coverage in cases like this: Health dept.

A spokesperson from the Nova Scotia health department confirmed Tuesday that health care would not cover patients seeking "unproven, experimental, or private health services," like Samantha Monaghan's son Luc.

In an email, Tony Kiritsis said although "it's always

difficult" to hear about children who need specialized care for rare conditions, the expertise to provide such treatment may simply not be available in a small province like Nova Scotia.

In situations where the out-of-province travel coverage does not apply, Kiritsis said the health department would suggest an organization like Hope Air or Angels of Flight, "who may be able to help provide travel assistance to patients in need."

HALEY RYAN/METRO

doesn't know where to turn next because MSI doesn't cover therapy outside of a hospital, let alone flight and hotel expenses.

If Luc does get the treatment, Monaghan said she'll come back with a plan for what to do at home, and what equipment to order through family support. She said they could then work with a local physiotherapist because he could lift his own arms and legs.

"There's an extreme need for special-need therapy, and we don't have it (here)," Monaghan said "It's sad that we don't have it because these kids shouldn't be sitting in wheelchairs when they could go so much further."



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Suspicious persons

Man charged after police break up drug deal

A 53-year-old Halifax man is facing charges after police in Cape Breton broke up a drug deal Monday night that allegedly involved prescription drugs.

Police in Baddeck say they



The seized 175 Hydromorph Contin and 150 Dilaudid pills COURTESY RCMP

received a suspicious persons complaint in South Haven near Highway 105 around 8:45 p.m.

When officers arrived, police say they found two people involved in a drug deal, and seized 175 Hydromorph Contin and 150 Dilaudid pills.

A vehicle was seized and the 53-year-old was charged with two counts of drug trafficking. He was due in court on Tuesday for a bail hearing.

Staff Sgt. Craig Yorke of the RCMP says the man charged is known to police in the area. **METRO**

Roughly 70 left jobless

Scorched seafood plant to be rebuilt

Officials of a seafood processing plant in Nova Scotia that was destroyed in a fire say they plan on rebuilding.

Premium Seafood's groundfish processing plant and retail market in Arichat was destroyed in late August. **THE CANADIAN PRESS**

Already suspended

Cop facing impaired driving charge

A Halifax Regional Police officer suspended without pay for an alleged sexual assault is facing another criminal charge.

Const. Chris Mosher is facing a single count of impaired driving relating to an alleged incident in Eastern

Passage on July 7. Mosher had previously been charged with two counts of breaching conditions for drinking outside the residence on that date.

He has been released on conditions and is due in court on the impaired driving charge Nov. 20. Mosher was charged in February with sexual assault and administering a noxious thing with intent to aggrieve after an alleged incident last November. **METRO**

Holding the province accountable

'Clear message'. Nova Scotia vows to tighten controls on financial help to private sector

The Nova Scotia government would be required to report how companies that receive public funding are using the money under legislation the province's economic development minister is promising to introduce in the upcoming fall session.

Michel Samson says the legislation would strengthen rules governing public assistance to the private sector and is intended to increase transparency on how taxpayers' dollars are spent.

"We want to send a clear message to Nova Scotians that the premier's commitment during the campaign of having more accountability in business transactions is something we took seriously," Samson said.

He said the bill would re-

Legislation welcomed

Kevin Lacey of the Canadian Taxpayers Federation welcomed the legislation, saying the public has a right to know how its money is being spent. But he said it should cover previously announced loans that are currently active, and he mentioned the loan to Irving Shipbuilding in particular.

quire the government to post information for each transaction online, with a mid-year report on how the funds are used. It would cover transactions made after April 1 from the cabinet-controlled Nova Scotia Jobs Fund, the Nova Scotia Fund and strategic investment funds.

During the election campaign, the Liberals were especially critical of the previous NDP government, accusing it of not being open enough about its financial dealings with businesses.

THE CANADIAN PRESS



The Nova Centre: A work in progress

Construction workers continue work on the Nova Centre on Tuesday, which is getting close to street level on the Argyle Street side. The Nova Centre is scheduled to open in January 2016. **JEFF HARPER/METRO**

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Rob Ford finds Jesus, Kenney finds his voice

Toronto, Ottawa. Mayor says he's thrown out the booze, top Tory says he's shamed the city

Toronto's disgraced mayor, Rob Ford, says he's had a "Jesus moment."

He says he's turning his life around, staying off alcohol and trying to lose weight.

He told CBC's Peter Mansbridge he has had a "come to Jesus moment" brought on by all the "belittling."

It was just another eyebrow-raising episode in the Ford scandal, filled with sensational stories about drugs and alcohol.

Another jolt came in Ottawa from top Tory Jason Kenney. He became the first federal cabinet minister to

call on Ford to resign.

"I will say as an elected official that I think Mr. Ford has brought dishonour to public office and the office of mayor and his city," Kenney said as he left the Commons.

"I wish he had taken a leave of absence some time ago to go and deal with his personal problems.

"But not having done that, I personally think he should step aside and stop dragging the city of Toronto through this terrible embarrassment."

Justin Trudeau also joined the fray. "I will take no lessons in accountability from a man whose fishing buddy is Rob Ford," Trudeau said in response to Stephen Harper's attempts to deflect his queries on the Senate scandal.

On Monday, councillors slashed Ford's budget and handed many of his duties and staff to the deputy mayor.

THE CANADIAN PRESS

Sun News pulls plug

Ford TV show fades to black

Sun News has cancelled Mayor Rob Ford's TV talk show, Ford Nation, after its debut Monday evening.

Kory Teneycke, the network's vice-president, confirmed in an email to Torstar News Service that

the show is over. The cancellation came after one of the sponsors — Canadian Tire — publicly withdrew its support.

"We won't be advertising on Ford Nation and are asking our manufacturers to not use our logos on the show," it said in a tweet.

Some tweeters had vowed to boycott the chain.

TORSTAR/THE CANADIAN PRESS

Murder-suicide attempt? State senator stabbed, son killed by a gunshot

A U.S. state senator was stabbed Tuesday in his head and chest at his home, and his son died at the residence from a gunshot wound, police said.

A Virginia police spokesperson wouldn't say who stabbed R. Creigh Deeds or how his son was shot.

"We're leaning towards it being an attempted murder-suicide," Corrine Geller said.

After the stabbing, Deeds was able to walk away from his home to a nearby road in rural western Virginia and a cousin who was driving by happened to spot the senator, police said.

They drove to the cousin's home and an emergency call was placed from there.

Inside the senator's home in Millboro, authorities found Deeds' 24-year-old son, Gus, suffering from a gunshot wound.

Despite efforts by state troopers and first responders, he died there.

Deeds and wife Pam divorced shortly after a 2009 election campaign. Deeds remarried last year but authorities would not say whether anyone else besides the senator and his son were in the home at the time of the attack. THE ASSOCIATED PRESS



Back on the job (what's left of it): Rob Ford arrives at Toronto City Hall Tuesday. CHRIS YOUNG/THE CANADIAN PRESS

Doc guilty of molesting 21 sedated women in OR

An anesthesiologist accused of molesting 21 female patients during surgery was found guilty on all counts Tuesday.

Dr. George Doodnaught, who was called a "sexual opportunist" by the Crown, had pleaded not guilty to sexually assaulting each of the women.

Some of Doodnaught's victims were in the packed Toronto courtroom as the verdict was read, and some people could be heard sighing with relief or whispering "Yes."

The assaults reported by the 21 women were similar, generally involving a combination of Doodnaught kissing

Quoted

"Because he was known for his caring approach, OR staff did not consider it unusual for him to be in very close physical proximity to sedated patients."

Judge David McCombs

them, fondling their breasts and putting his penis in their mouth or hand while they were under conscious sedation.

All but one occurred during surgeries at a Toronto hospital between 2006 and 2010.

Judge David McCombs found Doodnaught's guilt on all the counts "overwhelming."

He noted the women did not know each other and were unaware of the particulars of the other patients' stories when they separately came forward.

Doodnaught — known for being "touchy feely," the judge noted — will remain free on bail until sentencing.

A date for sentencing arguments is to be set on Dec. 13. THE CANADIAN PRESS

Montreal election

One vote means she's a winner

Don't ever let anyone tell you your vote doesn't count.

Just ask newly elected Montreal councillor Lorraine Page — who won her seat by a single vote.

A Quebec election spokesperson says a judicial recount confirmed that Page captured her north-end district on Nov. 3 by one ballot.

THE CANADIAN PRESS

Police in Mexico

Silence please, you're arrested

Members of a police force in Oaxaca, Mexico, can't hear or speak.

The Angels of Silence operate the city's surveillance cameras to look for street crimes.

Cynthia Zepeda, director of Oaxaca state's emergency services, said the officers have a highly developed visual sense.

"They allow us to notice situations that maybe a person who doesn't have that disability wouldn't notice. They read lips and can perceive suspicious movements in people," Zepeda said.

THE ASSOCIATED PRESS

Broke church law

Pastor stands firm on gay rights

A United Methodist minister convicted of breaking church law by officiating at the same-sex wedding of his son in the U.S. said Tuesday he is unrepentant.

He said he has been called by God to be an advocate for the rights of gays, lesbians, bisexuals and transgender people.

Rev. Frank Schaefer, testifying at the penalty phase of his church trial, refused to promise he wouldn't perform another same-sex union. Three of his four children are gay.

The church "needs to stop judging people based on their sexual orientation. We have to stop the hate speech. We have to stop treating them as second-class Christians," he told a jury of fellow United Methodist pastors in Pennsylvania.

THE ASSOCIATED PRESS

REUTERS/Erk De Castro

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A truck and a bus are stranded by flood waters in a tunnel near Olbia, Italy, in this photo taken on Monday. Sardinia was a flood-ravaged mud bath Tuesday after a freak torrential rainstorm. MASSIMO LOCCI/THE ASSOCIATED PRESS

'Apocalyptic' storm floods Sardinia, kills at least 16

Residents ignored evacuation orders. Civil protection chief says system signalled highest level of risk

The Mediterranean island of Sardinia, prized by the jet-set for its white sand beaches and crystal-clear seas, was a flood-ravaged mud bath Tuesday after a freak torrential rainstorm killed at least 16 people, downed bridges and swept away cars.

Italian Premier Enrico Letta declared a state of emer-

gency and set aside 20 million euros (\$27 million US) for emergency relief, saying the priority was reaching remote areas, saving the lives of those still unaccounted for and providing for those left homeless.

The island, which draws royals, entrepreneurs and ordinary tourists alike during the dry, peak summer months, received more than 44 centimetres of rain in 24 hours Monday — half the amount it normally receives in a year, officials said.

Transport was hampered by rivers of cocoa-colored mud gushing over roads that forced the closure of several

Quoted

"I saw (the river) overflowing, as everybody else saw it. I saved a dog. I saved a person."

Olbia resident Marcello Piredda, who said he lost all the possessions in his flooded house.

major thoroughfares, including a tunnel into the city of Olbia, according to the Anas company which runs Italy's roads and highways.

Olbia Mayor Gianni Giovannelli said the city had been destroyed by the "apocalyptic"

storm, with bridges felled and water levels reaching 3 metres in some places. He described the ferocity of the storm's rains as a "water bomb."

Local newspaper L'Unione Sarda said a policeman escorting an ambulance died when the car he was travelling in was submerged after a bridge collapsed in Dorgali. In hard-hit Gallura, three people died after their car was swept away in the collapse of another bridge, the paper said.

Other parts of Italy were also hit by heavy rains Tuesday, including the capital, Rome, and Venice in the north. **THE ASSOCIATED PRESS**

Typhoon. Officials still looking for 17 Canadians missing in Philippines

Foreign Affairs officials are still trying to track down 17 Canadians who remain unaccounted for in the typhoon-ravaged Philippines. But they say they still have no reports of any Canadians killed or injured in the disaster.

They say locating people is becoming easier as communications are restored.

Meanwhile, the Canadian Forces are shipping a third helicopter and another water purification unit to the Disaster Assistance Response

Aid contributions

International Development Minister Christian Paradis clarified that the \$15 million in aid announced Monday was the government's contribution to match donations by Canadians totalling \$19.6 million so far for Filipino relief.

Team, or DART, operating on the island of Panay.

THE CANADIAN PRESS

One-child policy. China says controls still needed

China has no intention of abandoning family planning controls soon despite announcing it would ease the one-child policy, a government spokesman said Tuesday, adding that the policy could be loosened further in the future.

Experts estimate around 1 million extra births per year would occur in the first few years, on top of the 16 million babies born annually in China.

The government credits

the one-child policy with preventing hundreds of millions of births and helping lift countless families out of poverty by easing the strain on the country's limited resources. But the abrupt fall in the birth rate is pushing up average age of the population of 1.3 billion people and demographers foresee a looming crisis because the policy reduced the young labour pool that must support the large baby boom generation as it retires. **THE ASSOCIATED PRESS**

Greenpeace protest

Canadian granted bail in Russia

Canadian Paul Ruzyski of Port Colborne, Ont., who was among 30 arrested during a protest in September, has been granted bail by a Russian court.

The Primorsky court in

St. Petersburg set bail at two million rubles (\$61,500 US) each for seven Greenpeace activists granted bail Tuesday. The court said they will be released if the bail is paid within the next four days. The court did not say whether the seven could leave Russia while on bail.

THE ASSOCIATED PRESS



THROWAWAY THURSDAY

MAKE ROOM FOR BLACK FRIDAY

It's Throwaway Thursday! Gather your gently used items and donate them in support of Clothesline® Canadian Diabetes Association on Black Friday, November 29. The first 250 people to donate on Black Friday get a gift card.* Pick up your donation kit at Guest Services.**

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*For offer terms and conditions, please visit Guest Services or see micmacmall.com. **Donation kit not necessary for participation.

Ottawa. College takes heat for its new men-only campus in Saudi Arabia

Some faculty at Ottawa's Algonquin College are upset the college opened an overseas campus exclusively for men in Jazan, Saudi Arabia.

They're claiming Algonquin is putting revenues ahead of human rights.

Algonquin is one of 10 community colleges and technical schools from Canada, the U.S. and Europe invited to open schools in Saudi Arabia. And there's more to come.

With a student body of 850 in its first year of operations and enrollment expected to rise

to 2,500 by year three, Algonquin College's Jazan campus revenue is predicted to exceed 100 million riyal, or \$25 million, over the next five years. The college hopes to expand the number of courses it offers.

Algonquin lost on its bid to open a school exclusively for women, but has submitted a second bid for 2014.

"This is apartheid," said Jack Wilson, vice-president of OPSEU who teaches police and public safety.

DENIS ARMSTRONG/
FOR METRO IN OTTAWA

Russian probe

Plane crash due to faulty flying

The pilots of a Boeing 737 that plunged into the ground at Kazan airport lost speed in a steep climb then overcompensated and sent the plane into a near-vertical dive, according to a preliminary

report released Tuesday by Russian aviation experts. All 50 people aboard were killed.

The Moscow-based Interstate Aviation Committee, which oversees civil flights in much of the former Soviet Union, said the engines and other systems were working fine until the moment the plane crashed Sunday night.

THE ASSOCIATED PRESS

Suicide bombers near Iran Embassy kill 23 in Beirut



Lebanese people gather at the scene where two explosions have struck near the Iranian Embassy, killing many, in Beirut on Tuesday.
BILAL HUSSEIN/THE ASSOCIATED PRESS

Sectarianism. Tensions between Lebanese Sunnis, who largely back Syrian rebellion, and Shiites, who tend to support Assad, flare up in bloodshed

Two suicide bombers detonated explosions outside the Iranian Embassy in a mainly Shiite district of the Lebanese capital on Tuesday, killing 23 people, including the Iranian cultural attaché, apparently in retaliation for the Lebanese group Hezbollah's support of Syrian President Bashar Assad.

The bombings appeared to be another strike in an intensifying proxy battle over Syria's civil war that is rattling its smaller neighbour Lebanon. An al-Qaida-linked Sunni extremist group claimed responsibility for the attack, saying

more would follow unless the Iranian-backed Shiite Hezbollah withdraws fighters that have helped Assad's military score key victories over Syrian rebels.

The mid-morning blasts hit Beirut's upscale neighbourhood of Janah, a Hezbollah stronghold, leaving bodies and pools of blood on the glass-strewn street amid burning cars. More than 140 people were wounded, officials said.

In recent weeks, Hezbollah fighters have backed Assad's troops in a series of victories over rebels, taking back a string of rebel-held towns in Syria. Shiite Iran is the main Mideast backer of Assad's government, believed to be providing it with key financing and weapons.

Senior Hezbollah official Mahmoud Komati told reporters at the scene that the attacks were a direct result of the "successive defeats suffered by (extremists) in Syria."

THE ASSOCIATED PRESS



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DOWNTOWN
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If Keystone pipeline denied, rail will be used

TransCanada Corp.
Exec warns company on track to transport more oil by railway if controversial project gets turned down

A denial of the proposed Keystone XL pipeline would lead to

more oil moving across the continent by rail, an executive with pipeline builder TransCanada Corp. said Tuesday, calling such an outcome a "tragedy."

"While we view rail as a complementary short-term solution until more pipeline capacity is brought online, more rail terminals will be built to fill the capacity gap if Keystone XL is not approved," Alex Pourbaix, president of

Quoted

"Rather than asking communities to pick their poison, we should stop expanding tarsands production and invest in alternatives."

Greenpeace's Keith Stewart

energy and oil pipelines, told

an investor conference.

"And I think it's a real tragedy if this situation continues indefinitely, as pipelines are obviously much more cost-effective. They are statistically safer and more environmentally friendly to transport oil."

Scrutiny over the safety of rail has intensified after a train laden with oil crashed into Lac Mégantic, Que., killing 47 people. **THE CANADIAN PRESS**



A worker inspects a railway car that was part of a convoy of cars carrying crude oil that derailed resulting in explosions in Lac-Mégantic, Que., on July 7.

PAUL CHIASSON/THE CANADIAN PRESS

#justjoking? Minister of employment posts, then deletes anti-union tweet

Shortly after midnight Tuesday, Canada's minister of employment took to Twitter to thank his staff for working overtime.

"Just wrapped up a meeting with several staff members, at midnight," Jason Kenney tweeted. "Good thing they're not unionized!"

Twitter users pounced on the minister, calling him "an uncaring boss" and accusing him of "union bashing." Others claimed the tweet was evidence of an anti-labour bias amongst federal Conservatives.

Unifor president Jerry Dias said Kenney's comments were "arrogant" and inappropriate given that roughly one in three Canadians belongs to a union.



Employment Minister Jason Kenney claimed this Twitter posting, later deleted, was a joke. TWITTER

Kenney quickly backpedalled, deleting the tweet and replacing it with one that lacked any reference to unions. He later referred to the remark as a joke, and said it "wasn't intended as a political comment."

As for Kenney's staff, Dias suggested they consider joining a union. **LUKE SIMCOE/METRO**

France

Ikea execs charged over snooping allegations

France issued preliminary charges Tuesday against the CEO and chief financial officer of Ikea France in a case alleging they snooped illegally on employees and customers.

Ikea France confirmed the charges were brought late Tuesday against CEO Stefan Vanoverbeke and finance chief Dariusz Rycher. **THE ASSOCIATED PRESS**

American Thanksgiving

Butterball baffled by bony birds

Butterball apparently has a big fat mystery on its hands: The company says it doesn't know why some of its turkeys wouldn't plump up in time for Thanksgiving in the U.S. this year.

THE ASSOCIATED PRESS

Random biz fact of the day

46%

46 per cent of workers said a company's employment brand plays a very big role in their decision to apply for a job within the organization; 45 per cent say it plays somewhat of a role.

CAREERBUILDER

Market Minute

DOLLAR
95.50¢ (-0.36¢)

TSX
13,442.60 (-15.46)

OIL
\$93.34 US (+31¢)

GOLD
\$1,273.50 US (+\$1.20)

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Douglas Coupland

Douglas Coupland's latest novel, *Worst. Person. Ever.*, is available from Random House Canada.

Day 13

metronews.ca/temp

Sick daze

In sickness and in health, temps show up for work

The insecurity of temporary employment prevents workers from taking the time off to address their health issues, argues a team of researchers from the Institute for Work & Health, an independent not-for-profit organization, in a 2010 study.

They found that:

- Workers in temporary jobs were 37 per cent less likely to be absent due to sickness compared to those with permanent positions.
- Workers with tenure of one to three months were 27 per cent less likely to take an absence when compared to workers who hold a longer tenure.

PHOEBE HO/FOR METRO



ISTOCK

Woe befalls Walmart

Fight for your rights, face retaliation?

Federal officials in the U.S. are prepared to file formal complaints against Walmart for allegedly violating the legal rights of protesting workers last year. **THE ASSOCIATED PRESS**

Temp Does Ambulance Duty

I asked Darren to put Dan into the BMW's back seat. "If we dump him by the door at Crown, they'll be forced to take pity on him."

Darren rifled through the glove compartment. "Look! A BlackBerry Z10!" The BlackBerry then promptly rang (ringtone: Dust in the Wind by Kansas). "Hello?"

A woman squawked on the other end. I grabbed the receiver. "Hello, who's this?"

"It's Chantelle, Dan's wife. Who's this?"

"I'm Shannon. I'm a temp at Dan's office. He had an accident and we're trying to take him to a hospital but he doesn't have his credit cards so nobody wants him."

"Come to our house and pick me up."

"Aren't you in Florida?"

"I found a card with a pile of unused frequent flyer miles so I returned early."

Chantelle was on the curb. Her lips were swollen like Donald Duck's beak, and it was hard to not stare.

"I know I look strange but I never expected to get old and then one day it happened and, as you can see, I'm not handling it well. I know I look ridiculous."

On cue both Darren and I chimed, "No, you look great!"

Darren added, "I'm sure your lips will look terrific once they deflate, Chantelle."

Chantelle was unruffled by the sight of Dan in the back, and with me at the wheel and Darren in the passenger seat looking and smelling very street-y. Chantelle

removed a fifth of vodka from her purse. "Any takers?"

Darren eagerly accepted, and we soon arrived at Crown Permenente. "You two lug him in," she said. "I'll handle the staff."

"You've got your credit cards, then?"

"Cards shmards. A well-dressed, well-nourished white woman with obvious cosmetic surgery is welcome in any hospital on the planet."

Dang if she wasn't right. The supermodel nurse beamed at her, while another fetched her a cappuccino and asked which satellite music station she preferred. We dropped Danimal's carcass inside the door and two hot guys who looked like Qantas flight attendants whisked him away. It couldn't have been more pleasant.

"You two wait in the car. I'll be out in a sec."

Chantelle soon emerged and got into the back seat. "Shannon take me home. Darren, you stay the night at my place. We can

"I'm Shannon. I'm a temp at Dan's office. He had an accident and we're trying to take him to a hospital..."

party and maybe you can take a shower later. Dan's clothes will fit you, too. Shannon, you keep the car for a few days."

"Seriously?"

"I may be aging gracefully, but I'm no idiot like Kevin's wife. Just promise me you won't set fire to it."

"It's a promise."

I feel like a bad person, but I was so excited to have a Beemer for a few days that I forgot to ask what was wrong with Dan.

TO BE CONTINUED ...



Random biz fact of the day

67%

A majority of job seekers say they would accept a lower salary if the company had exceptionally positive reviews online (67 per cent) or a lot of positive press recently (65 per cent).

SOURCE: NEXCAREER

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Random fact of the day

Call it experimental parenting.

- A dad only spoke Klingon to his son for the first three years of his life to study how children developed language.

SOURCE: OMG-FACTS.COM



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TO THINE OWN SELFIE BE TRUE

Have you heard the Word?

The Word of the Year, that is.

According to the Oxford Dictionaries, the 2013 Word of the Year is "selfie": "A photograph that one has taken of oneself, typically one taken with a smartphone or web cam and uploaded to a social media website."

Selfie beat out other worthy words, such as "binge-watch," which is the stupefying practice of watching entire seasons of TV episodes in a single, coma-inducing couch session, and "olinguito," the cute, little, previously-unknown mammal found in the mountain forests of Colombia and Ecuador.

Just think how trendy you can sound if you get all three into a single sentence, something like:

"I was, like, binge-watching back episodes of Too Cute on Animal Planet and uploading selfies 'cause I was like — bored — when I came across a program about the olinguito, which, was,



JUST SAYIN'

Paul Sullivan

metronews.ca

like, just discovered this year. It's like the smallest member of the raccoon family."

Or something like that.

Selfie is the perfect word for a neo-narcissist generation that can't resist itself. Typically a selfie is taken in poor light, usually out of focus, artlessly posed and composed, but nevertheless considered suitable for sharing with the WHOLE world on Instagram.

I don't see the attraction. Every selfie I've ever taken looks like Nick Nolte's mug shot and has been instantly deleted. I guess I need to spend more time getting in touch with my inner 15-year-old girl.

I'm obviously in the minority. Oxford picked selfie because the frequency of use has increased

by 17,000 per cent over the same time last year.

Which leads me to wonder if the Oxonians are running some vast offshore language surveillance pound where bearded professors in tweed and leather elbow-patched jackets monitor the

world's conversations while sipping sherry.

You should know as well that Oxford's not the only outfit engaging in this Word of the Year racket. In fact, there's even a Word of the Year season. This year's began on Nov. 5, when the Global Language Monitor issued its 10 Top Words, which, oddly enough, does not include selfie. The two lists do however share "twerking," which is defined as: "To dance to popular music in a sexually provocative manner involving thrusting hip movements and a low, squatting stance." As in: "Look, Daddy, Hanna Montana's twerking."

The Word of the Year season ends, thankfully, in January, when the American Dialect Society announces its candidate. Last year's, by the way, was "hashtag," as in "#decline of Western civilization."

Meanwhile, you'll have to excuse me. I'm not feeling too well. I dropped my smartphone into the toilet while I was taking a selfie of me taking a selfie in the bathroom mirror, and now I'm suffering from nomophobia (2012 runner-up) which means "anxiety caused by being without one's mobile phone."

I feel so unfriended (2009).

ZOOM

Shot with a DIY cam? Snow way

A Russian photographer proves you don't need expensive equipment to take wonderful macro photographs.

Alexey Kljatov, from Moscow, used a homemade camera rig consisting of a wooden board, adhesive tape, a piece of glass and a \$45 lens from an old camera to capture the beautiful shapes of snowflakes.

Kljatov's images prove that no two snowflakes are alike, but it's down to atmospheric factors that give snow crystals their uniqueness. Snowflakes are hexagonal in shape in their basic form, but once they've fallen, the crystals interact with temperature, vapour and gravity.

METRO

Photog's viewpoint



"As the first frost arrives, I spread my woolen scarf on my open-air balcony and wait for the snowflakes to fall."

Alexey Kljatov



Kljatov's DIY setup features a Canon Powershot A650 and a 44M-5 Helios lens from a Soviet Zenit camera. COURTESY ALEXEY KLJATOV



COURTESY ALEXEY KLJATOV

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

Congratulations to 'selfie' for deservedly bringing home the Oxford Dictionaries 2013 Word of the Year tiara. We glanced away from the bathroom mirror long enough to check the official shortlist, and here are some of the runners-up.

Twerk:

Credit pearl-clutchers trying to shield us from the evils of Miley Cyrus for teaching our elders about twerking. However, the excellence of We Can't Stop aside, Miley isn't the twerk authority. Seek out Big Freedia, the mighty New Orleans rapper with a nightier stage show and cut-to-the-chase lyrics like "a-- over here/a-- over there/a-- everywhere." Bonus: An instructional video on teaching your dog to twerk. (bigfreedia.com)

Binge-Watch:

Breaking Bad was to binge-watching what Miley was to twerking. Sadly, one of them will never be heard from again. But if you happen to be up to

date on the fate of Walter White, there's plenty of other binge-worthy shows on Netflix. Top of the Lake and The 4400 are fine fare for drama fans. Archer and Peep Show are shining beacons of comedy.

Schmeat:

Synthetically made meat that's less pejoratively known as "in-vitro." In August, a team of scientists served up the world's first hamburger made from the stuff, the end stage of a process that began with harvesting muscle cells from a living cow. The world's rising demand for food isn't a passing trend, so pencil schmeat in as a 2014 contender. Learn more about how it was done at culturedbeef.net.



A picture of two people taking a photo of themselves — also known as a group selfie. BOB DASS/FICKR

Twitter



@CHFIERin: Anything but "adorbs". It's just "ridic".

@metropicks asked: Oxford Dictionary declared 'selfie' 2013's word of the year. What's. Nomin ate a word of the year for our Best Of List

@Canucklehead_ca: twerk: As in, "Guess I have time for a quick beer before I get back twerk." Cheers!

@Xenojay: At least it's not "duck-face"? #Selfie #WordOfTheYear #HumansAreTerrible

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:

Send us your comments: halifaxletters@metronews.ca

Rock 'n' roll's temp-tation

Filling the shoes of an established artist is never easy but sometimes 15 minutes of fame is all you need to jump start a career or revitalize an existing one.

MIKE DOJC
scene@metronews.ca



Tim "Ripper" Owens

One minute he's a hardcore Judas Priest fanboy screaming his favourite band's songs as the frontman of a tribute act and the next minute he's stepping in for Rob Halford behind the mic.

During his seven-year stretch with the British metal gods he worshipped growing up, Owens recorded a pair of studio albums (Jugulator and Demolition) and a couple live ones and garnered a Grammy nomination for best metal performance in 1999 for Bullet Train.

Aftermath: Owens' fan-to-frontman story inspired the Mark Wahlberg movie Rock Star.

David Coverdale

Before Whitesnake and achieving monster balladeer immortality, Coverdale read an article in Melody Maker that changed his life.

Ian Gillan had quit the band and Deep Purple were auditioning singers. Coverdale's bluesy vocals and impressive rocker hair fit the bill and just like that he's heading to America for the first time and walking out on a stage in front of over 200,000 screaming fans at 1974's California Jam.

You can hear Coverdale on Purple's Burn, Stormbringer, and Come Taste the Band.

Aftermath: "An' here I go again on my own/ Goin' down the only road I've ever known/ Like a drifter I was born to walk alone."



ALL PHOTOS GETTY IMAGES



J.D. Fortune

After hearing guitarist Tim Farriss tell him the words he was praying to hear, "You are right for our band," on the finale of CBS's Rock Star: INXS, Fortune went from sleeping in his car to touring the world with one of Australia's sexiest musical exports.

It was a fairy tale dream come true for the Mississauga native.

A longtime fan, the first song Fortune learned to play on the guitar growing up was the band's smash Devil Inside.

Aftermath: INXS fired Fortune in 2011. Chasing Fortune a film about J.D.'s wild ride and his attempts to keep on rocking premieres Nov. 12 on Super Channel.

Ronnie James Dio

After Black Sabbath sacked Ozzy Osbourne in 1979, Ronnie James Dio — who had previously fronted Elf and Rainbow — was tapped to join heavy metal's most influential band.

Dio revitalized Sabbath during his original three-year spell with the band and returned in the early '90s to record Dehumanizer.

Aftermath: Dio was a successful '80s solo artist spurred by the strength of hits like Holy Diver and Rainbow in the Dark. Before his untimely passing in 2010 he would "temp" again with Sabbath buddies Tony Iommi and Geezer Butler on a 98-date world tour under the band name Heaven & Hell.



Adam Lambert

While nobody can really replace Freddie Mercury, the American Idol Season 8 glam rocking runner-up has the dramatic chops and requisite vocal gymnastic abilities to do Queen anthems We are the Champions and Bohemian Rhapsody justice.

Following the five year Queen + Paul Rodgers collaboration, which resulted in a pair of world tours and a studio album, Lambert has stepped up to the plate.

Aftermath: Lambert last performed with Queen at this fall's iHeart Radio Festival and he had a guest stint on Glee this month.

2
SCENE

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The Word



The dictionary people just want to be friends with celebrities

MELINDA TAUB

Metro World News in New York City

I think the Oxford English Dictionary is trying to suck up to Kim Kardashian.

What other explanation could there be for their

selection of "selfie" as the word of the year? Is word of the year even a thing? Stop trying to make word of the year happen, Oxford English Dictionary.

The official explanation for the OED's choice of selfie is the word's sudden ubiquity. "It's not a new word," their blog explains. "But our word of the year need not be a new word. However, it does need to demonstrate some kind of prominence over the preceding year or so and selfie certainly fits the bill. It seems like everyone who is

anyone has posted a selfie somewhere on the Internet. If it is good enough for the Obamas or the Pope, then it is good enough for word of the year."

Whatever, OED. All I can say about this clear attempt to get RTed by selfie addicts like Kim Kardashian and Miley Cyrus is, please let me know if it works, because I would also like to be friends with celebrities. This is The Word, after all. The Word's word of the year could totally be a thing.

I have to admit that

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

the art of selfies has been significantly refined this year. Celebs like Chris Pratt and Kim Kardashian use them to show off their slammin' bods. Beyoncé debuted a bold new haircut. Miley Cyrus took one

in a wedding dress, apparently to quell rumours that her engagement to Liam Hemsworth was in trouble (it was, of course). And, of course, regular folks took selfies too. Usually at funerals.



Taylor Swift

Taylor goes house hunting in Harry's 'hood

While her relationship with Harry Styles is long since dead, that doesn't mean Taylor Swift can't be neighbours with the One Direction star. Swift was spotted house hunting in London recently, looking at properties in the posh St. John's Wood area, according to E! News. "She was looking at houses in the range of seven to eight million pounds," a source says. (That's as much as \$13.5 million.) "The properties that Swift has looked over are huge houses, complete with panic rooms and everything."



DEAN COLE, Meagher's Grant



Demi Lovato

Sorry world, even Hannah Montana has to grow up

How can Demi Lovato put this nicely? All of Miley Cyrus' tongue-wagging, naked antics might be distracting attention from her singing. "A lot of artists take that route of shock value and that's totally fine and that's great, but I think that she has an incredible voice that's overshadowed by some of the things that she's doing," Lovato tells Katie Couric during an interview.

Still, she's sympathetic to her longtime friend. "I think that the world needs to get over the fact that she was Hannah Montana when she was 16 or whatever," the former child star says.



Brittany Murphy. ALL PHOTOS GETTY IMAGES

Was Brittany Murphy poisoned?

When Brittany Murphy passed away suddenly in 2009, the official cause of death was pneumonia and anemia. Most people assumed that, in the case of a super-skinny, erratic starlet, that was a euphemism for death by drug abuse. When her husband, Simon Monjack, died just five months later of the same cause — pneumonia and anemia — that fit neatly in with the theory.

However, Murphy's father,

Angelo Bertolotti, wasn't satisfied. He recently secured the rights to send samples of Murphy's hair and tissue to a lab for independent testing. The Examiner has the lab report, and it tells a shockingly different story:

"Ten of the heavy metals evaluated were detected at levels higher than the WHO (World Health Organization) high levels. ... If we were to eliminate the possibility of

a simultaneous accidental heavy metals exposure to the sample donor then the only logical explanation would be an exposure to these metals (toxins) administered by a third party perpetrator with likely criminal intent."

Heavy metals such as those found at high levels in Murphy's body are often present in rat poison and insecticides. They can cause all the symptoms that Murphy

and Monjack suffered before their deaths.

It's hard to remember all the way back to 2007 when Murphy and Monjack were married, but the two were frequently the target of tabloid speculation. Monjack had a shady, criminal past, and once they were hitched, Murphy started to act increasingly strange and appear increasingly gaunt. DOROTHY ROBINSON/METRO WORLD NEWS IN NEW YORK CITY

The city on the St. Lawrence River offers walks down centuries-old streets lined with elegant architecture and historic sites. Best of all, many of Montreal's greatest attractions can be experienced for free. Here are five free things to do on a visit to Montreal.

PHOTOS AND STORY: THE ASSOCIATED PRESS



Mount Royal

You can look up and see the towering trees of Mount Royal from nearly everywhere in Montreal. The nearly 200-hectare park tops out at 770 feet and boasts running, hiking and biking trails, an overlook onto downtown Montreal and a large lake. Frederick Law Olmsted, the man behind New York's Central Park, drew the plans for the park.

5

Free things to do in Montreal



Old Montreal and Old Port

The historic Old Montreal or Vieux Montreal district stretches along the St. Lawrence River in the southern part of Montreal. You could spend hours wandering the twisty, narrow walkways. Along the banks of the river at the Old Port, watch barges from a tree-lined park. A walking tour could include the Notre Dame Basilica and Montreal City Hall.



Montreal Museum of Fine Arts

The collection at the Montreal Museum of Fine Arts ranges from the European Renaissance, Rembrandt and Monet to Inuit sculpture, Jean-Michel Basquiat and other modern works. Admission to the general collection and outdoor sculpture garden is free but there is a charge for special exhibits.

Notre Dame de Bon Secours Chapel

A large statue of the Virgin Mary stands atop this church on the St. Lawrence River, leaning forward to welcome sailors into harbour. The origins of this ornate church date to the 1650s and the chapel visitors see today dates to the 1770s. Inside frescos, statues and altar artwork rival that of European churches. But the chapel earns its charm from the small replicas of sailing boats that hang from the ceiling like chandeliers, each with vigil candles.



Jean Talon Market

Small markets dot the Montreal streets but one of the larger and more interesting is Jean Talon Market or Marche Jean-Talon. The market has both covered and uncovered stalls filled with seasonal produce, cheeses, pastries and breads and other local specialties, like maple syrups. It all makes for a colourful and lively walk past vendors speaking French and English to customers.

3 FREE



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You'll be coming round the mountain

Beaver Creek.

Colorado ski resort has something luxurious for everyone



ANDREW DOBSON
life@metronews.ca

Beaver Creek, near Avon, Colo., offers a playground for well-to-do couples and families keen on experiencing the crème de la crème in fine dining, resort accommodation and Rocky Mountain alpine adventures.

The resort has 25 lifts and 150 conventional trails. In addition to skiing and snowboarding, Beaver Creek has a dedicated Nordic and snowshoe centre.

Guests have the opportunity to explore 32 km of trails as well as Haymaker Tubing Hill, which offers sliding fun for those three feet and taller. Outfitters in the area also offer snowmobile tours, dog sledding and winter fly fishing.

Family friendly New Year's Eve

The third Annual NYE Family Fun Carnival is always a big hit with locals and tourists alike. Each year the alfresco party sells out, so be sure to book your tickets early. The event starts with a Torchlight Ski Down at 6:15 p.m. followed by fireworks that blast off in The Village at 6:45 p.m. Guests stay



Beaver Creek features 25 lifts and 150 conventional ski trails. CHRIS MCLENNAN

up until the wee hours of the night with the opportunity to enjoy carnival midway games, interactive inflatable fun, pool tables, foosball, arcade, dancing, a photo booth and two balloon drops.

The Pines Lodge

Nestled among ancient aspen and pine groves on

the slopes of Beaver Creek Resort, this lodge offers a great view of the Colorado Rockies with handy ski-in/ski-out access.

The 60-room lodge is home to Grouse Mountain Grill — an AAA Four Diamond Award-winning restaurant — outdoor pool, Jacuzzi and fitness centre.

Guest rooms feature rich pine wood, a marble bath area, ski boot heaters, plush bathrobes and RockResorts Spa products.

Condominiums and townhomes are also available and feature one to four bedrooms with spacious living areas, full kitchens, washer and dryers, balconies, soak-

ing tubs and fireplaces.

Cabin feast

If you're making the trip down to Beaver Creek, check out Beano's Cabin. In the winter guests are picked up in a sleigh and whisked up the mountain to the restaurant's jaw-dropping location.

Come fly with me!

Air Canada recently announced non-stop winter service from Toronto to Vail/Eagle Airport commencing Dec. 14, which means Ontario-based ski bums now have an opportunity to conquer new North American moguls and mountains this ski season.

The decor is classic Rocky Mountain lore, complete with bear skin hide, antique ski and snow shoes, a deer bust, framed cowboy-loving landscapes and elk antler chandeliers.

The five-course dinner, prepared by executive chef Bill Greenwood, offers exquisite culinary panache on the plate paired with a live band that croons moody Gordon Lightfoot ballads.

Treat yourself

Those looking for a bit of pampering should book themselves into the Allegria Spa at The Park Hyatt.

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Oh Paris, will you Marais me?

The coolest quarter.
Neighbourhood boasts chic shops, bakeries and boutique hotels

MEREDITH ENGEL

Metro World News in New York

Besides the Eiffel Tower, the Louvre and other touristy (but essential) stops for Parisian visitors, the trendy Marais district is a must.

But the Marais, which translates to "marsh" in French, wasn't always this hip. Tour guide Skall (yes, that's his full name — he's French, OK?) tells Metro that the influx of the gay community in the 1980s restored the enclave's cool factor. The arrival of plenty an art dealer also helped, as the area today is famous for its contemporary galleries. Make sure you stop by these other establishments for a truly tres magnifique Marais experience.

Fromagerie Jouannault
No trip to Paris would be complete without a visit to a specialty cheese shop. Whether you like your curds from cows, sheep or goats, find it here (even if it didn't originate in France). Want to take some cheese back to the States? The staff will vacuum-seal your purchase so it's TSA-friendly.

Le Marche des Enfants Rouges
The city's oldest covered market is also the area's best kept secret: walk through an alleyway to enter this indoor market, where you'll likely bump into Parisians doing their grocery shopping. You can buy everything from local produce to international foods. The market is also a great place to stop for a bite, with cuisines ranging from Japanese to French to Moroccan represented. Fun fact: It's named for the red outfits children at a nearby orphanage used to wear long ago.

Violette & Leonie
Find vintage and modern-

day womenswear, plus shoes and jewels, at this trendy consignment shop. Designer pieces from Dior, Hermes and Isabel Marant mingle with high street items.

Merci
Picture the Urban Outfitters of Paris and you've got Merci. Shop for quirky souvenirs — Eiffel Tower cookie cutter, anyone? — plus home furnishings (there's a plethora of kitchen items on the top level), clothes, bath products, stationery and much more. The store recently did a collaboration with NYC's Museum of the Modern Art, so you know the goods are stylin'. When you're done shopping, peruse the library of cookbooks and stop for a coffee.

Dalloyau
The history of this sweets shop is almost as rich as its chocolates. Charles Dalloyau was a baker who won the attention of Louis XIV during a tasting. The king hired Dalloyau, and

he and his brothers worked for the royal court over four generations. The store is famous for its Opera cake: a thin layer cake soaked in coffee syrup and topped with coffee buttercream, chocolate ganache and a dark chocolate coating (serves six; about \$60). Avoid the Laduree lines for a macaron from these guys instead.

Hotel du Petit Moulin
This quirky hotel used to house the oldest bakery in Paris (the exterior retains the original signage). Each room is designed in a different fashion by Christian Lacroix, and the eccentric nature of the building means that each room is shaped differently. If you can, book Room 104 — you'll walk down a flight of zebra-covered steps into your private dwelling. Rooms start at about \$336 per night.

Pavillon de la Reine
It's easy to walk by this ivy-covered hotel — it's hid-



Marais, meaning 'marsh', is a hub for art dealers and cafés. ISTOCK

den in a private courtyard behind shops on the Place de Vosges. The hotel recently underwent an overhaul; ask for one of the renovated rooms, which are loft style and overlook the private courtyard. Come down for eggs, ham, cheese and those fabulous French pastries in the morning. Rooms start at about \$518 per night.

At these hotels
Before leaving for dinner during your stay, stop for a drink at the Honesty Bar: Fix yourself a cocktail and, on the honor system, check the price list and leave the appropriate number of euros. Ironically, both hotels have just added a Dishonesty Hour, Wednesdays from 5-6 p.m., when you can help yourself to drinks for free.

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Bluegrass and a glass of bourbon

Louisville. Kentucky city is home to a burgeoning craft distillery scene

The maker of Evan Williams bourbon has uncorked a new attraction, opening a craft distillery just steps from where the whiskey pioneer who inspired the brand fired up his own commercial stills two centuries ago.

The distillery and "bourbon experience" — complete with tours and tasting rooms — is the first of several ventures to bolster tourism and bring small-batch bourbon production to the heart of downtown Louisville, once the hub of commerce for Kentucky whiskey makers.

Today's powerhouse bourbon brands such as Jim Beam, Wild Turkey and Maker's Mark are crafted in rural Kentucky settings, an hour or less away, but the trade is showing signs of a comeback in the city. An urban bourbon trail features 27 bars and restaurants, each stocked with at least 50 labels, and a planned bourbon district would tie together the city's bourbon heritage with historical markers and landmarks in the Whiskey Row area, where clusters of whiskey merchants, wholesalers and blenders set up shop decades ago.

"It's the place to be," said Joe Magliocco, president of Michter's Distillery LLC, which is converting a downtown building into a craft distillery. "If you want to be one of the

best, you've got to play among the best."

Heaven Hill, which makes Evan Williams, is at the forefront with its new \$10.5 million attraction — The Evan Williams Bourbon Experience.

It's located in a renovated building and offers tours that trace bourbon production from frontier days when whiskey was currency to its contemporary revival in bars and restaurants across the globe. It features a five-story Evan Williams bottle replica and of course, it has a gift shop, too. It opened to the public Nov. 15.

Kentucky produces 95 per cent of the world's bourbon, and the 4.9 million barrels of aging bourbon in this state outnumber the population here, according to the Kentucky Distillers' Association. As demand worldwide has spiked, the state's bourbon production has risen more than 120 per cent since 1999 to more than 1 million barrels in 2012. More than 2.5 million visitors have toured the major distilleries along the Kentucky Bourbon Trail in the past five years, the group said. Heaven Hill's attraction, located on Whiskey Row, will be the northern gateway to the trail.

Despite its bourbon prowess, the Bluegrass state hasn't kept pace with other parts of the U.S. in attracting upstart craft distillers.

Kentucky ranks eighth nationally in distilled spirits permits, said Kentucky Distillers' Association president Eric Gregory, citing federal statistics. California ranks first, followed by Washington state, New York and Oregon.

Kentucky's tax on aging whiskey barrels has been an obstacle, he said. Still, he's working with 10 craft distillers setting up shop in Kentucky. "The next craft distiller, in 20, 30 or 40 years, could be the next Maker's Mark," Gregory said.

At The Evan Williams Experience, the star is Williams himself, a Welsh immigrant and early commercial distiller in Kentucky who started in 1783. During a tour of the distillery, projections on the walls and TVs delve into bourbon making and detail Williams' life as a city trustee, wharf master and distiller as the aroma of fermenting whiskey and aging barrels waft by.

"This is where the industry really started," said Max L. Shapira, president of Heaven Hill. Its flagship Evan Williams brand is the second-largest selling bourbon in the U.S. and the world, behind Jim Beam.

At the downtown distillery, whiskey makers will craft special recipes and produce one barrel per day, a drop compared to the company's distillery a few miles away that churns out some 650 barrels daily.

Several other whiskey makers are planning craft distilleries nearby. Bourbon entrepreneur Corky Taylor is reviving his great-grandfather's company, Kentucky Peerless Distilling, and hopes to start producing bourbon and moonshine in July. His line of spirits will include a premium bourbon, aged eight years, named after his great-grandfather, Henry Kraver, who ran a distillery in Kentucky nearly a century ago.

THE ASSOCIATED PRESS



A five-storey replica Evan Williams bottle pours into a nearly 1,500 gallon lowball glass in the lobby of the Evan Williams Bourbon flagship distillery in Louisville, Ky. PHOTOS: THE ASSOCIATED PRESS

If you go...

- **The Evan Williams Bourbon Experience.** 528 W. Main St., Louisville, Ky.; evanwilliams.com. Monday-Saturday, 10 a.m.-5 p.m., Sundays 1 p.m.-5 p.m. (last daily tour at 4 p.m.) Adults 21 and older, \$12; ages 15-20, \$9; ages 14 and under, free.
- **Kentucky Bourbon Trail.** kybourbontrail.com



Charlie Downs, an artisanal craft distiller at the new Heaven Hill Distilleries, checks gauges on a still that will produce small batches of whiskey.



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Chicken Pot Stickers go from blah to yum with delicious filling



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When I go for dim sum, I enjoy pot stickers. But, as with egg rolls, I often find the fillings boring, and tasty only with the dipping sauce. My version of pot stickers has a delicious filling, and they're easy to prepare.

If wontons aren't available, use small egg roll wrappers.

These can be prepared early in the day and kept refrigerated. Cook just before serving.

1. Measure out about 2 tbsp of the Hoisin sauce and set aside.

2. To make the filling: Combine the chicken, garlic, green onion and cilantro in the bowl of a food processor. Add the 2 tbsp of reserved sauce, and pulse on and off until the filling is finely and evenly chopped and everything is well combined.

3. Place 2 tsp of the filling in the centre of each wrapper. Pull the edges up to make a small bundle, pleating and bunching. Press the edges together to seal.

4. In a large nonstick skillet lightly coated with cooking spray, cook the pot stickers, flat side down, over medium high heat for 3 minutes or until they are golden brown on the bottom.



Chicken Pot Stickers
This recipe makes 28 pieces. MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

5. Add the stock and reduce the heat to low. Cover and cook for 2 minutes or until cooked through. Remove from the pan and discard any

remaining stock. Serve with the remaining sauce. Garnish with cilantro. **THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN**

Ingredients

Sauce

- 1/2 cup Hoisin sauce, divided
- Filling**
- 8 oz lean ground chicken
- 1 clove finely chopped garlic
- 1 chopped green onion

- 2 tbsp chopped cilantro
- 28 small wonton wrappers
- 1/2 cup low-sodium beef or chicken stock
- 3 tbsp chopped cilantro

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When dealing with email communication it is crucial to conduct yourself in a professional manner.

Everyone has received an email lacking a salutation or sign-off and only a bare attempt at capitalization, grammar or sentence structure. If these habits continue when the sender



If you develop a strategy for effectively managing the emails that you receive, you will waste less time and be responsive, organized and less stressed. ISTOCK

er enters the workforce he or she will find that this unprofessional behaviour can have a significant and negative impact on career prospects.

If you take the time to write accurate, concise and respectful emails you will be perceived in a better light and will likely receive more positive and helpful responses.

Here are some tips to help you create a professional image and manage your email:

The cleaning of the comp

- **Keep your inbox tidy.** Use electronic folders to archive messages that you may need to refer to in the future. Keep the inbox for current items that you need to deal with. This will help you feel organized and less overwhelmed and stressed.

- **Open an email once.** Don't waste your time by reading an email and then leaving it to sit because you don't feel like answering it only to have to return to the same email later. Have a one-touch policy for each email: open it, answer it and then delete or file it.

Compose

When writing emails it is always best to err on the side of formality. Professional emails should include accurate punctuation, capitalization, sentence structure, grammar and spelling.

If you are not sure how to address someone, start with the most formal option like Dear Ms. Smith, then wait for the reply to determine how to address further correspondence.

For professional communication emoticons, abbreviations and slang acronyms like LOL are too informal.

Insert the receiver's address last. This ensures that you do not accidentally send an incomplete email or forget an

attachment. This is particularly important when dealing with a sensitive topic. Better yet, if a topic is sensitive, don't send an email; go and talk directly to the person in order to avoid a misreading of your tone or intent.

Format

Avoid the use of wallpaper or colourful fonts that are distracting and slow down the receiver's ability to process the message. When it comes to font type and size stick with the basic serif fonts, such as Times New Roman, or sans-serif, such as Arial, in the 10-to-11-point range.

Reread messages before sending. This allows you to check the tone and content of the message from the reader's perspective and enables you to catch mistyped words — such as god instead of good — that will not be caught by your spell checker. An articulate, concise and accurate email tells others that you are intelligent, professional and detail oriented.

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Sidney Crosby and Alex Ovechkin will renew their rivalry Wednesday night when the Penguins visit the Capitals. THE ASSOCIATED PRESS FILE

Crosby and Ovechkin partying like it's 2009

NHL. Penguins captain and his Capitals foil turning back on top

Dan Bylsma remembers the uneasy feeling.

It was Game 2 of the 2009 Eastern Conference semifinals between the Pittsburgh Penguins and Washington Capitals when Sidney Crosby and Alex Ovechkin were going goal-for-goal.

"It felt like every time they got the puck, they were going to do something with it," the

Quoted

"Those two guys are more Gretz versus Mario. They're the superstars of the league."

Capitals head coach Adam Oates likens the impact of a Sidney Crosby versus Alex Ovechkin matchup to that of Wayne Gretzky against Mario Lemieux during their heyday.

Penguins coach said. "It's nice to see when your guy has it, but when you see their guy doing the same thing, it ended up being (like) who's going to score last is going to win this game."

Crosby scored last as each of the NHL's top stars recorded a hat trick, but Ovechkin and the Capitals won the game. The

Penguins won the series and went on to capture the Stanley Cup.

That was the height of the Crosby-versus-Ovechkin rivalry.

Concussion problems derailed Crosby, and Ovechkin needed to switch from left to right wing to regain his scoring touch, but Wednesday night

they meet in Washington atop their games simultaneously for the first time in years, engendering plenty of nostalgia about the good old days.

Consider it a rivalry renewed as the Penguins and Capitals play for first place in the Metropolitan Division and Crosby and Ovechkin revive the debate about who is the league's best player. Ovechkin has 40 goals and 13 assists in his past 42 games dating to last season, when he won the Hart Trophy as NHL MVP, while Crosby has 19 goals and 42 assists over the same span.

THE CANADIAN PRESS

CHL weekly awards

Herd's Drouin gets national weekly top honours

Jonathan Drouin of the Halifax Mooseheads is the Canadian Hockey League's player of the week.

The star forward and Tampa Bay Lightning draft pick had 10 points in three games — all Halifax victories — and finished with a plus-five rating.

Drouin's best game came Saturday when he had a goal and three assists on the road against the Bathurst Titan. Drouin also scored a hat trick in Halifax's 4-3 win over the Charlottetown Islanders on Friday and had three helpers in a 5-2 victory over the Drummondville Voltigeurs on Thursday.

Drouin, who has points in 11 straight games, is now third in the QMJHL scoring race with 13 goals and 26 points in 17 games.

Halifax, which sits second overall in the league standings, returns to action Friday when they host the Titan at 7 p.m. **METRO**

Stephen MacAulay

Ex-Moosehead scores 1st pro goal

Stephen MacAulay's American Hockey League debut proved one to remember.

The Cole Harbour native and former Halifax Moosehead had a goal and an assist in the Hamilton Bulldogs' 5-1 win over the Texas Stars on Tuesday night.

The goal was MacAulay's first as a professional.

The Montreal Canadiens' AHL farm team called up MacAulay from the East Coast Hockey League's Wheeling Nailers. **METRO**

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5 Hedley Anything

4 Britney Spears Work Work

3 Macklemore White Walls

2 Eminem ft Rihanna The Monster

1 Lady Gaga ft R. Kelly Do What U Want

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Henry Burris runs the ball during the CFL East final in Toronto. Burris has endured wholesale changes in Hamilton this year, leading his team to this Sunday's Grey Cup in Regina. NATHAN DENETTE/THE CANADIAN PRESS

Ticats' Grey Cup run a family affair for Burris

CFL. Ahead of clash with Roughriders, Hamilton QB and clan embracing football folklore

Henry Burris is thrilled to have delivered Hamilton Tiger-Cats fans their first Grey Cup berth since 1999. But now the 38-year-old quarterback can give his youngest son, four-year-old Barron, the opportunity to learn about the cup's rich history.

"I asked Barron on Thursday night when we were talking, 'Do you know what the Grey Cup is,' and he was like, 'Daddy, no, I don't know what it is,'"

Burris said. "When he said that, I almost went to tears."

Barron will be able to experience it all first-hand, thanks in large part to his father. Burris threw for 371 yards and three TDs to rally Hamilton to a wild 36-24 win over the Toronto Argonauts in the East Division final Sunday. The Ticats will face the Saskatchewan Roughriders in the Grey Cup on Sunday in Regina.

Burris's oldest son, Armand, had the chance to experience a Grey Cup in '08 when Burris led the Calgary Stampeders to the CFL championship. But Barron wasn't yet born so this will be his first Grey Cup experience.

Forget about the ring or

\$16,000 winner's share — seeing his youngest son soak it all in and being there to experience it with him is priceless for Burris.

"They (your family) go through all the sacrifices, being in the stands when people are getting after you saying all types of things about their daddy, this is what it's all about at the end of the day," Burris said after Sunday's win. "I told him (Barron) I wanted to help make his dream come true for him one day and here we are now. This is truly amazing."

Rallying Hamilton from a 24-10 deficit against Toronto also exorcised some demons for Burris, who pounded the ground after his latest win.

"It just seemed like all the demons of the past four years, what an organization threw at me and all the people have thrown at me, I was just letting them go," Burris said.

THE CANADIAN PRESS

Standout in Steeltown

Named the CFL's outstanding player in 2010 with Calgary, Burris was replaced as a starter the next season and dealt to Hamilton.

- **2012.** While Burris enjoyed the best season of his career, Hamilton slumped to a 6-12 record.

- **2013.** Despite a new roster, a new coach in Kent Austin and a new temporary home in Guelph, Burris led the league in passing while the Ticats improved to 10-8.

- **Playoffs.** Hamilton beat Montreal in the Eastern semifinal in OT and routed the Argos in last Sunday's final, booking their passage to Regina.

Lance Armstrong saga

Ex-head of UCI rejects doping coverup claim

Former UCI president Hein Verbruggen called Lance Armstrong's claim that he helped cover up the rider's doping at the 1999 Tour de France a "ridiculous story" and said Tuesday he has nothing to fear from an independent investigation.

Armstrong alleged collusion by Verbruggen during his first Tour victory in an interview published Monday in Britain's Daily Mail. THE ASSOCIATED PRESS

MLB

Mets break bread with H.O.V.A. to discuss Cano

Jay-Z, the new agent for Robinson Cano, had dinner Monday night with top officials of the New York Mets.

The get-together also included sports agent Brodie Van Wagenen, but not Cano. A five-time all-star second baseman, Cano is a free agent. He is seeking a 10-year deal for more than \$300 million from the Yankees. THE ASSOCIATED PRESS

NHL. Leafs relieved after Clarkson, Kessel light lamp

David Clarkson was one of several Toronto Maple Leafs who unburdened themselves on Tuesday.

Clarkson finally scored his first goal as a Maple Leaf as Toronto beat the New York Islanders 5-2 for its second win in a row.

The 29-year-old signed with the Maple Leafs as an unrestricted free agent in the off-season and was unable to score in his first 10 games with the team.

"The biggest thing is that we won the game tonight," said Clarkson. "I've tried to preach that the whole time. The chances were there, but I'm here to win."

"It does feel good, I guess, to get some people off my back a little bit," he joked.

Phil Kessel also broke out of a mini slump, scoring a pair of goals. They were Kessel's first goals in five games. He had just one point in his past seven.

"He's a highly talented player and doesn't need many chances to score goals," said linemate James van Riemsdyk. "Two sweet chances and in the back of the net."

"Sometimes it comes in streaks — it's a long year. He's got 12 goals in 21 games."



David Clarkson celebrates his first goal in his 11th game as a Maple Leaf. TORSTAR NEWS SERVICE

That's pretty good."

Meanwhile, Trevor Smith had his first multi-point effort of his NHL career, scoring the first goal of the game for the Maple Leafs just 22 seconds in and adding a pair of assists for a three-point night.

He has five points in three games since being recalled from the Toronto Marlies of the American Hockey League and six points in 12 games overall this season.

"I'm just trying to fill some spots for now," Smith said.

"You just got to come in, try to do the best you can, play confidently and work with what you got."

THE CANADIAN PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	21	14	6	1	59	38	29
Tampa Bay	20	14	6	0	64	50	28
Toronto	21	13	7	1	62	49	27
Detroit	22	9	6	7	54	62	25
Montreal	22	11	9	2	58	47	24
Ottawa	21	8	9	4	60	67	20
Florida	21	5	12	4	46	70	14
Buffalo	23	5	17	1	42	72	11

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	21	13	8	0	59	48	26
Washington	21	12	8	1	69	59	25
NY Rangers	21	10	11	0	43	52	20
Carolina	21	8	9	4	40	59	20
New Jersey	20	7	8	5	42	49	19
NY Islanders	22	8	11	3	63	73	19
Philadelphia	20	8	10	2	40	50	18
Columbus	20	7	10	3	52	57	17

Tuesday's results

St. Louis 4 Buffalo 1
Toronto 5 NY Islanders 2
Philadelphia 5 Ottawa 2
Nashville 2 Detroit 0
Boston 2 NY Rangers 1
Montreal 6 Minnesota 2
Colorado 5 Chicago 1
Columbus at Edmonton
Florida at Vancouver
Tampa Bay at Los Angeles

Monday's results

Boston 4 Carolina 1
Pittsburgh 3 Anaheim 1
Calgary 5 Winnipeg 4 (SO)

Wednesday's games — All Times Eastern

Minnesota at Ottawa, 7:30 p.m.
Pittsburgh at Washington, 8 p.m.
New Jersey at Anaheim, 10 p.m.
Columbus at Calgary, 10 p.m.

Thursday's games

St. Louis at Boston, 7 p.m.
Nashville at Toronto, 7 p.m.
Buffalo at Philadelphia, 7 p.m.
Carolina at Detroit, 7:30 p.m.
Chicago at Winnipeg, 8 p.m.
NY Rangers at Dallas, 8:30 p.m.
Colorado at Phoenix, 9 p.m.

Friday's games

Florida at Edmonton, 9:30 p.m.
New Jersey at Los Angeles, 10:30 p.m.
Tampa Bay at San Jose, 10:30 p.m.

MLS PLAYOFFS

CONFERENCE CHAMPIONSHIPS

(Two-game series)

EASTERN CONFERENCE

KANSAS CITY VS HOUSTON

Leg 2 — Saturday's game
Houston at Kansas City, 7:30 p.m.

WESTERN CONFERENCE

REAL SALT LAKE VS PORTLAND

Leg 2 — Sunday's game
Real Salt Lake at Portland, 9 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	22	14	4	4	79	66	32
St. Louis	20	14	3	3	70	47	31
Colorado	20	15	5	0	64	42	30
Minnesota	22	13	5	4	57	50	30
Dallas	20	11	7	2	58	56	24
Winnipeg	23	10	10	3	61	66	23
Nashville	21	10	9	2	48	63	22

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	23	15	6	2	72	59	32
San Jose	21	13	3	5	72	50	31
Phoenix	21	14	4	3	73	66	31
Los Angeles	21	14	6	1	58	46	29
Vancouver	22	11	8	3	56	58	25
Calgary	21	7	11	3	59	79	17
Edmonton	22	5	15	2	53	83	12

Note: Two points for a win, one point for overtime loss.

Wednesday's games — All Times Eastern

San Antonio 9 Portland 2
Golden State 8
Oklahoma City 7
Houston 8
L.A. Clippers 7
Dallas 7
Minnesota 7
Phoenix 5
Memphis 6
L.A. Lakers 5
Denver 4
New Orleans 4
Sacramento 2
Utah 1

CFL PLAYOFFS

101st GREY CUP

Sunday's game — All Times Eastern

Hamilton at Saskatchewan, 6 p.m.

DIVISION FINALS

EAST DIVISION

Sunday's result

Hamilton 36 Toronto 24

WEST DIVISION

Sunday's result

Saskatchewan 35 Calgary 13

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Indiana	9	1	.900	—
Miami	8	3	.727	1 1/2
Chicago	6	3	.667	2 1/2
Philadelphia	5	7	.417	5
Atlanta	6	5	.545	3 1/2
Charlotte	5	6	.455	4 1/2
Orlando	4	6	.400	5
Detroit	4	6	.400	5
Toronto	4	7	.364	5 1/2
Cleveland	4	7	.364	5 1/2
Boston	4	8	.333	6
Washington	3	7	.300	6
New York	3	7	.300	6
Brooklyn	3	7	.300	6
Milwaukee	2	7	.222	6 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	9	1	.900	—
Portland	9	2	.818	1 1/2
Golden State	8	3	.727	2
Oklahoma City	7	3	.700	2
Houston	8	4	.667	2
L.A. Clippers	7	4	.636	2 1/2
Dallas	7	4	.636	2 1/2
Minnesota	7	5	.583	3
Phoenix	5	4	.556	3 1/2
Memphis	6	5	.545	3 1/2
L.A. Lakers	5	7	.417	5
Denver	4	6	.400	5
New Orleans	4	6	.400	5
Sacramento	2	7	.222	6 1/2
Utah	1	11	.083	9

Tuesday's results

Washington 104 Minnesota 100
Detroit 92 New York 86
Miami 104 Atlanta 88
Houston 109 Boston 85
Phoenix at Sacramento

Wednesday's games — All Times Eastern

Indiana at New York, 7 p.m.
Washington at Cleveland, 7 p.m.
Brooklyn at Charlotte, 7 p.m.
Toronto at Philadelphia, 7 p.m.
Miami at Orlando, 7 p.m.
Detroit at Atlanta, 7:30 p.m.
Portland at Milwaukee, 8 p.m.
Utah at New Orleans, 8 p.m.
L.A. Clippers at Minnesota, 8 p.m.
Boston at San Antonio, 8:30 p.m.
Sacramento at Phoenix, 9 p.m.
Houston at Dallas, 9:30 p.m.
Memphis at Golden State, 10:30 p.m.

2014 Honda Accord Hybrid



ABOVE PHOTO CONTRIBUTED

Review. Honda's latest hybrid a refined way to get great fuel economy

MIKE GOETZ
Drive@metronews.ca

Nothing like a butt kicking to get you motivated.

The 2014 Accord Hybrid debuts a completely new and different hybrid system, unlike anything found on the previous and easily forgotten Accord Hybrid (2004-2006) and/or the slow-selling hybrids still in Honda's portfolio — Civic Hybrid and CR-Z.

This 2014 Honda Accord Hybrid is not just great for a hybrid — it's a great car. For one thing, it is based on the new, ninth-generation Accord, just released to near universal acclaim in 2013. So, like all Accords, the Hybrid offers a stylish, slick-handling package, which offers the same great interior space, and comfort of the previous generation, even though it's slightly smaller.

Honda's hybrid rethink created a system where the all-new 2.0-litre gasoline engine (141 hp and 122 pound feet of torque) only drives the vehicle on its own in "highway" scenarios, when it is electronically coupled to a single overdrive gear.

Otherwise the engine functions in Hybrid Mode, where it spins a generator, which in turn sends electricity to the electric drive motor and to the Lithium-ion battery pack. Yes, Hybrid Mode makes Accord Hybrid function very much like a

Chevrolet Volt. In EV mode the gas engine is shut down, and you get about two kilometres of pure electric driving.

Hybrids typically have better city fuel efficiency ratings than their highway ratings, because EV mode only comes on in the city. But Accord's gas engine has been designed to run in a fuel-efficiency sweet spot when powering that one highway gear. Net result is a highway fuel efficiency rating, 4.0 l/100 km, which is quite close to its fantastic city rating of 3.7 l/100 km. The combined rating is 3.8 l/100 km — the best among the current crop of mid-size hybrids.

This engine runs on the Atkinson combustion cycle, which most hybrids adopt because it allows for smoother and faster starting (hybrids always ask their gasoline engines to shut down whenever they can, so re-starts need to be smooth). But the Atkinson cycle is not best for ultimate power.

So Honda created engine camshafts with two sets of lobes (Atkinson and regular). The engine management system figures out which to use and when. The normal Accord is very quiet on the road. This thing is quiet with cheese.

The Accord Hybrid is actually equipped with a noise-making device for EV mode, to get pedestrian attention. I'm not fond of it, but the high-pitch sound recedes from your attention easily enough when you're not 100 per cent paying attention to it, and you can manually turn it off. The hybrid handles similarly to the Accord sedan, which is to say, admirably. The

Battery pack

The 1.3 kW/h lithium-ion battery is located behind the rear seat, and is cooled by drawing in air from the interior. The pack sends electricity to the electric drive motor for pure electric drive (EV mode). The pack gets charged in two ways: when that drive motor goes backwards in "regeneration mode" under braking and coasting conditions, and by the generator spun by new 2.0-litre gasoline engine.

Electric motor

The Accord doesn't really have a transmission in the conventional sense. The gas engine is only connected to the drive wheels when electronically engaged to one highway gear. The rest of the time the 124 kW electric drive motor with 226 lb-ft of torque is powering the drive wheels. This drive motor is fed by either the battery pack, or by the adjoining generator, which looks like a smaller version of the electric drive motor.



The impressive Honda electric motor. PHOTO: HONDA

Compare

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base price: \$17,000
- 2** Hyundai Sonata Hybrid
base price: \$17,700
- 3** Toyota Camry Hybrid
base price: \$17,700

and go as they please, in a very seamless fashion.

If you need lots of cargo space, make sure you can live with the Hybrid's smaller trunk. The only other caveat might be price. The Accord is priced at a slight premium over the other mid-size hybrid competitors. While the base model goes for \$29,590, the \$35,690 Touring model is where you get navigation and the newer convenience and safety features. But either model is an entry into one of the most advanced hybrid and fuel-efficiency technologies currently on the market.

added weight of the electric-drive hardware was compensated with more aluminum panels and suspension bits, and a special rear suspension.

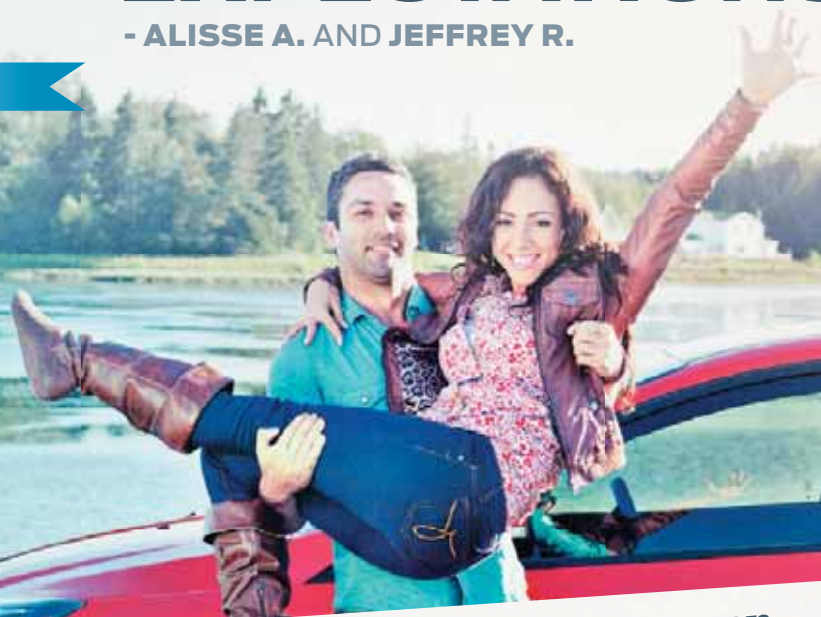
The Accord Hybrid debuts a new tweak to "regenerative braking," by coming on immediately after the driver takes his or her foot of the accelerator. Normal systems come on only when the brake pedal is

activated. This does affect the "feel" of the coasting, but it's for a good cause.

The other trippy thing is how the gasoline engine effort and sound is not always directly correlated to what the vehicle is doing on the road. But get used to that, and the hybrid rewards with a smooth and serene driving experience. The three driving modes come



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Beautiful oxymoron that is the big Mini

Latest model. From tiny, ground-breaking beginnings the lovable small car is still as popular as ever



**AUTO
PILOT**
Mike Goetz
drive@metronews.ca

The new-generation Mini just introduced this week at its production facility in Oxford, England, is the biggest Mini ever.

Yes, this is the era of the big Mini, and yes, it sounds oxymoron-ish, but what are you going to do? People like the Mini, they just don't want them actually "mini" anymore.

The design challenge for the original Mini was to make

the smallest possible car that would still accommodate four adults and luggage. Designer Alex Issigonis struck upon the idea of using very small 10-inch wheels, all independent suspension, a transverse mounted engine driving the front wheels, and a gearbox and final drive built into the sump of the engine. So compact; so clever!

When it came to fruition,

way back in 1959, it basically changed the course of automobile design. It was cheap, practical, roomy for its size, fuel efficient, could turn corners with the best of them, fun to drive, and looked distinctive and cool.

Over 5.2 million examples and variants, under various company names and nameplates, were eventually built and bought. When the last century came to an end, the Ford Model T was named "car of the century," but Mini was not far off the Model T's rear bumper, and was named second most important car of the last 100 years. The template of a transverse-mounted engine and front-wheel drive is still the most predominant way to build a passenger car.

Mini's modern re-boot began in 2001, when the first Mini built under BMW ownership and stewardship hit the market. And you have to admire the way BMW has guided the icon forward.

The Mini unveiled this week is the "third" Mini by BMW and it closely follows the formula of the previous redesign: Modernize and make it slightly bigger, but not so much anyone would notice by looking at in isolation. Leave the styling and iconic shape pretty much alone, because, well, everyone is good with it, and there's a chance you could screw things up.

This new Mini, on sale first in Europe and by spring here, is the first vehicle utilizing BMW's new front-wheel drive platform (called UKL), which is also destined for the next BMW 1 Series. The biggest difference over the previous platform is the increased wheelbase (now 2,495 mm) and lighter weight through more use of high-strength steel.

Those two items alone should make Mini a better performer, but BMW prom-



The new school has the character and all-round performance too.



The old school was very popular for its practicality and character. BOTH IMAGES BMW

ises lots of other goodies, including three new twin-turbocharged engines: the 136-hp 1.5-litre "three cylinder"; the 192-hp 2.0-litre "four cylinder"; and a 116-hp 1.5-litre "three-cylinder" diesel (no word on that diesel coming here).

Interesting new technologies include optional LED headlights, a permanently installed SIM card, electric

steering, head-up display, camera-based cruise control and automatic braking if a collision is imminent.

This Mini is only about half a metre longer than the original one, but lots taller and wider. Apparently cargo capacity with the rear seats down is now more than 1,000 litres. Sounds like hot-tub territory to me, and for a Mini, a little big.

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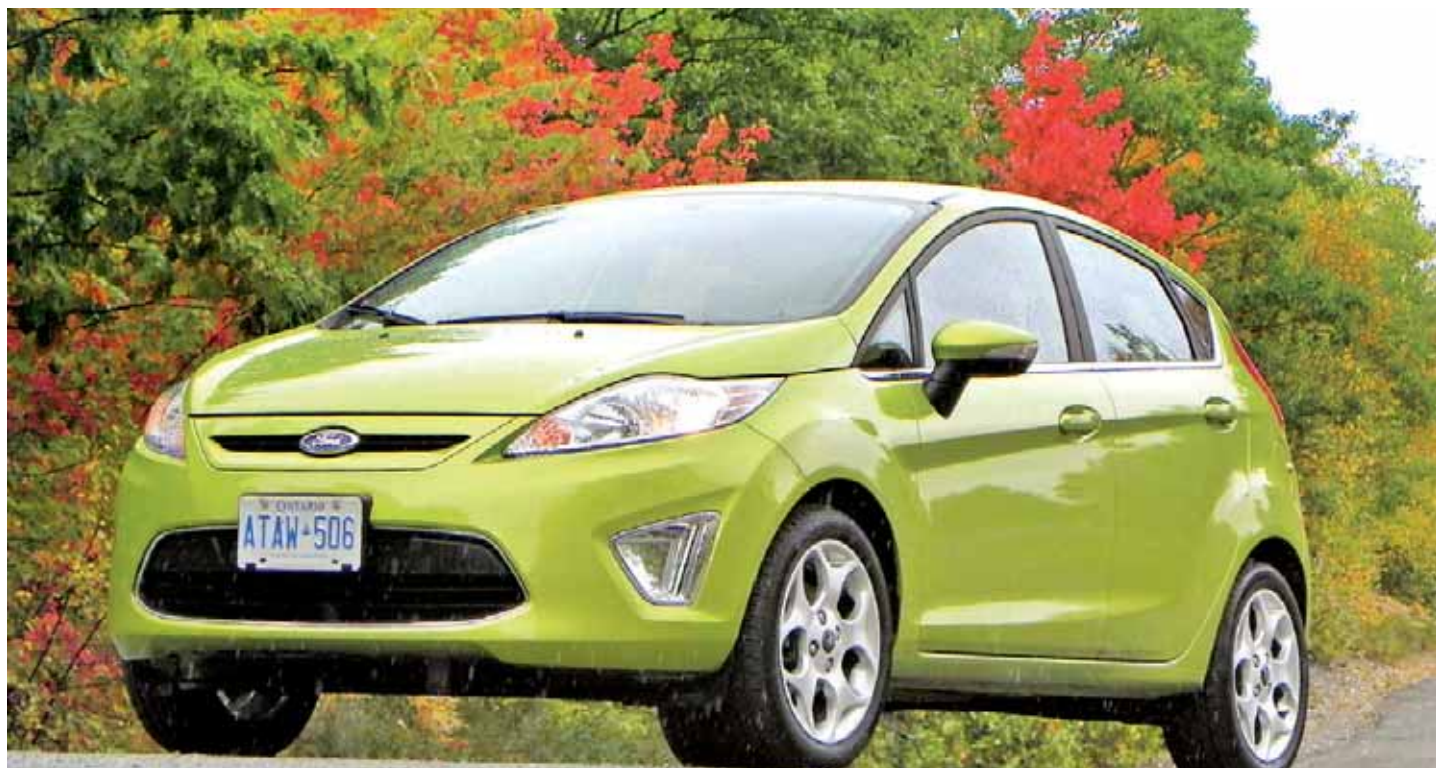
Fiesta loved for mileage and handling

Second gear.

2011-2013
Ford Fiesta

JUSTIN
PRITCHARD
drive@metronews.ca

Fiesta hit the Canadian market in its most recent iteration for the 2011 model year, and has just been redesigned for 2014. Shoppers can check out the entry-level Ford out in hatchback or sedan configurations, with trim grades including S, SE, SEL and Titanium representing the ascension from basic to loaded, respectively. Feature content included Bluetooth, 16-inch wheels, heated seats, exterior thermometer, Ford Sync, fog lamps, USB audio inputs, cruise control, ambient interior lighting, capless refueling and more — depending on the model selected.



CONTRIBUTED

Common issues

Start your test-drive with a check of the transmission, ensuring the manual-equipped Fiesta shifts smoothly and is able to engage all gears smoothly. Note any clutch slipping and 'feel' for any signs of the transmission 'grinding' or biting back at you while shifting. Some owners have reported issues with the automatic 'dual clutch' transmission relating to hesitation and 'clumsy' operation.

Strange vibrations or rattling sensations may be signs of trouble. These issues may be remedied by a reprogramming of the computer that controls the transmission—though any gearbox-related issues should be addressed by a Ford mechanic ahead of your purchase. Confirm proper operation of the Ford Sync system, all steering-wheel mounted controls, and the used Fiesta's Bluetooth functionality, if equipped. Confirm proper operation of the air conditioner and climate blower fan on all speed settings.

What owners like



Owners tend to speak most highly about the Fiesta's fun-to-drive character, styling, and flexibility—especially on hatchback models. Solid build and ride quality, as well as great fuel mileage, are noted.

What owners dislike



Cramped rear-seat legroom, modest performance and a tight cabin for larger drivers are among the most common complaints.

Engine



All models got a 1.6 litre four-cylinder engine sending 120 horsepower to the front wheels. A five-speed manual or six-speed 'dual-clutch' automatic were available..

The verdict

Sporty handling, solid build quality and youthful styling — not to mention affordable hatchback flexibility on five-door models. The model looks like a solid used-car buy so far, though shoppers are advised to check for transmission issues for maximum confidence.

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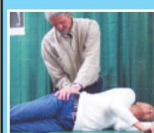
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LEGAL NOTICE

2013 Hfx No. 411033
SUPREME COURT OF NOVA SCOTIA
BETWEEN:
FIRST NATIONAL FINANCIAL GP CORPORATION PLAINTIFF
 - and -
WBLI INCORPORATED, Trustee in Bankruptcy on DEFENDANT
 Behalf of GLENN CHARLES VARDY
Notice of Public Auction
 To be sold at Public Auction under an order for foreclosure, sale, and possession, unless before the
 time of sale the amount due to the plaintiff on the mortgage under foreclosure, plus costs to be taxed,
 are paid:
Property: All that piece or parcel of land situate lying and being known as Civic No. 56 Jamieson
 Street, Dartmouth, in the County of Halifax, Province of Nova Scotia being more particularly
 described in a mortgage made between Glenn Vardy and First National Financial GP Corporation,
 which mortgage is recorded at the Land Registry Office for the County of Halifax, as Document No.
 88987202. The subject property has been migrated to the Land Registry System and is known as PID
 No. 66563. The property is subject to a burden of a right-of-way.
 A copy of the description of the property, as contained in the mortgage under foreclosure, is on file at
 the sheriff's office and may be inspected during business hours.
Date of Sale: December 12, 2013.
Time of Sale: 12:30 p.m., local time.
Place of Sale: The Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia.
Terms: Ten per cent (10%) deposit payable by cash, certified cheque,
 or solicitor's trust cheque at the time of sale, remainder within fifteen days
 upon delivery of deed.
SIGNED at Halifax, Nova Scotia on November 1, 2013
 Alan Coley
 Sheriff for Halifax County
 Adam D. Crane
 MORRIS BUREAU
 Solicitor for the Plaintiff
 307-6080 Young Street
 Halifax, NS B3K 5L2

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**For those without a Metro, the forecast
 calls for "I dunno" with a slight
 chance of "huhhhh?"**

Horoscopes

Aries

March 21 - April 20

Some people achieve so much they lose touch with reality, but that's not something you have to worry about. Keep your feet planted firmly on the ground this week, and you'll accomplish more than anyone.

Taurus

April 21 - May 21

Make sure the needs of loved ones are taken care of today, no matter how mundane. You may wish you were doing something more interesting but people are counting on you and you can't let them down.

Gemini

May 22 - June 21

However vague your ambitions may have been in recent months you now know what it is you want and how to go about getting it. Your rivals will try to block your path but they won't succeed.

Cancer

June 22 - July 23

There is a possibility you will waste money on things you don't need over the next 24 hours. But, if it makes you feel good about yourself, maybe it's not a problem. It's only money.

Leo

July 24 - Aug. 23

You will be touchy today, and for no apparent reason. Perhaps it's good you get the bad stuff out of your system now, as later in the week you will have to work closely with people.

Virgo

Aug. 24 - Sept. 23

You may feel vulnerable but try not to withdraw from the world completely. There are still things that need to be done that cannot be done on your own. Try smiling, it helps.

Libra

Sept. 24 - Oct. 23

Someone in a position of power will ask you to take on extra chores today but make sure they define exactly what is expected of you, and make sure you define your limits.

Scorpio

Oct. 24 - Nov. 22

A change of direction may be called for but there is no need to go to extremes. The planets indicate a minor adjustment will be enough to put you back on the path to success.

Sagittarius

Nov. 23 - Dec. 21

You will be on the move today or tomorrow but if you want your journey to be enjoyable, you should plan before you leave. If you leave things to chance, there's no telling where you might end up.

Capricorn

Dec. 22 - Jan. 20

You cannot afford to make decisions about money matters at the moment. The more others push you to move one way or the other, the more you must insist on staying right where you are. There's really no rush.

Aquarius

Jan. 21 - Feb. 19

You may have to give up something you enjoy to please others today, but it will be a sacrifice worth making. In the long-term the more loved ones are happy with life, the more you will be happy with life.

Pisces

Feb. 20 - March 20

Your big idea is almost ready to go public with but if you are smart you will go over it one more time, just in case there is something you have missed.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Ratite bird
4. Bottle type
9. Norwegian dramatist Henrik
14. Poetic contraction
15. League: French
16. Hoity-___
17. Declares
19. "Sharp Dressed Man" band
20. Calgary Flames mascot: 3 wds.
22. Aspiration
23. Battery size
24. Show who's boss: 2 wds.
29. As per #44-Down, pre-video's bottom right corner button after a few seconds: 2 wds.
34. Fit Fiddle link: 2 wds.
35. Like plays, pre-audition
37. Great ___ (Dog breed)
38. Guelph-born actress Ms. Campbell's
40. Black Eyed Peas member, ___de.ap
41. "Kung Fu ___" (2008)
42. Welsh actor Mr. Gruffudd
43. Produce Dept.: Mango's neighbour
45. Flub
46. Iconic symbol since 1960, created by Toronto-born graphic designer Allan Fleming: acr. + wd.

48. Biblical 12
50. The Who's "Love, Reign ___ Me"
52. Theatre's Ms. Hagen
53. Polar Bear, scientific-style: 2 wds.
61. 'Click' dance again
62. Briefcase contents
64. Taper off
65. Sun-dried brick
66. Deer's mom

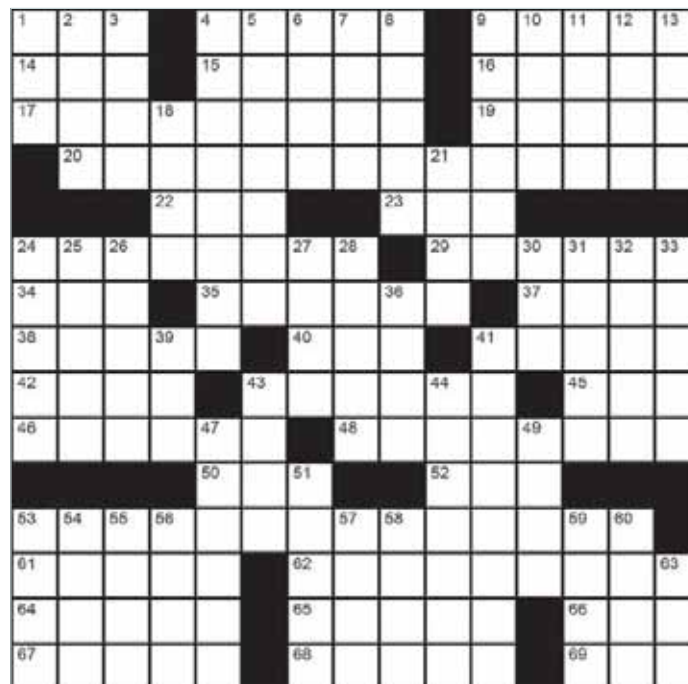
67. Shirt's info spot
68. Moviedom's Ms. Russo's
69. Choose

Down

1. H, in ancient Greece
2. Ho Chi ___ City
3. Forearm bone
4. People line up for shots to avoid it: 2

5. "Wichita ___": 1968 country hit
6. 'A' in CIA, for short
7. Cooking fat
8. Singer of "Tik Tok"
9. Violinist Mr. Perlman
10. Classic television clown
11. What vision correction surgery LASIK

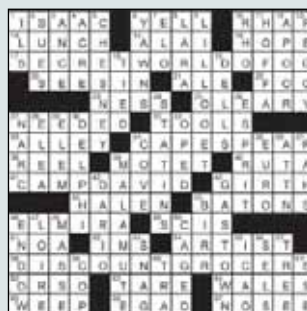
- stands for, Laser in ___
- Keratomileusis
12. Collar type
13. Big Apple force [acronym]
18. ___ history
21. Cardinal point
24. Janet ___, Brockville-born singer/songwriter
25. Apply to: 2 wds.
26. City in Quebec



See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

- near Montreal
27. Sports org. founded in 1906
28. 10th Greek letter
30. Ms. Lupino
31. Group on a Sunday talk show
32. Canadian impressionist, ___Philippe Gagnon
33. Beloveds
36. High-fiving sound
39. Antacid brand
41. Interests
43. Greeting card's inner message
44. Viral videos venue
47. Music style
49. Domesticated
51. "M*A*S*H" role
53. Russian river
54. Country singer's 2001 to 2007 sitcom
55. Wild guess
56. 'Grad' add-on (Degree getter)
57. Travelled by horse
58. Legendary star
59. Reverse
60. Discontinue
63. Place

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

-2°/-3°
Partly cloudy

Thursday

5°/-2°
Sunny

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